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This July, Discover Everything Concord Parks & Rec, City of Concord Have to Offer

Month-long celebration highlights undiscovered roles of local parks and recreation

[CONCORD, NH] – Summer is here, which means it’s time to get out and discover the great things happening at your local parks and recreation centers. This July, explore the “undiscovered” roles of local parks and recreation with Concord Parks & Rec as they celebrate Park and Recreation Month, *A Lifetime of Discovery*. A variety of fun activities are planned for residents of all ages and abilities — including free summer concerts, movies in the park, summer camps, drop in programs for youth, adults and seniors, seven outdoor community pools, and more.

[Concord Parks & Rec](#) is celebrating Park and Recreation Month, an initiative of the National Recreation and Park Association (NRPA), by inviting you to explore *A Lifetime of Discovery* at your local parks and rec. Playgrounds, rec centers, sports leagues, summer camps are just a few of the things that come to mind when we think of parks and rec. But, parks and recreation is so much more than that. During Park and Recreation Month, discover all the ways parks and recreation can improve quality of life, like enjoying a trip to one of Concord’s 21 public parks, accessing some of the City’s 100-plus miles of trails, playing a round of golf at Beaver Meadow Golf Course, roller skating at the Douglas N. Everett Arena, or seeing a NH Wild professional baseball game at Memorial Field.

NRPA encourages people that support parks and recreation to share why they think it’s important to explore and discover all Concord Parks & Rec and the City of Concord have to offer with the hashtag #DiscoverJuly.

To learn more about everything happening during Park and Recreation Month, visit www.concordparksnadrec.com and learn more about this national initiative at www.nrpa.org/July.

About the National Recreation and Park Association

The National Recreation and Park Association is a national not-for-profit organization dedicated to ensuring that all Americans have access to parks and recreation for health, conservation and social equity. Through its network of 60,000 recreation and park professionals and advocates, NRPA encourages the promotion of healthy and active lifestyles, conservation initiatives and equitable access to parks and public space. For more information, visit www.nrpa.org. For digital access to NRPA's flagship publication, Parks & Recreation, visit www.parksandrecreation.org.

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