

Concord Public Library Adult Programs at your Library

(603) 225-8670 | www.concordpubliclibrary.net

Programs are free and open to the public.

Programs are presented with support and funding from the Concord Public Library Foundation.

Bookopoly Wednesday, January 3 Same game, new look! Complete reading tasks to earn prizes in Bookopoly, our winter reading program for teens and adults. The more you read, the more you can win! Sign up at the library or online (www.concordpubliclibrary.net/registration) beginning January 3, 2018 to receive your game card. For ages 12 and up. Program ends March 2.

Books & Brew at True Brew Barista, Bicentennial Square Wednesday, January 3 from 6-8 p.m. Join other book lovers in our low-pressure book club! Chat about what you've been reading and listen to suggestions and recommendations from others. No assigned books in this group; just come and share your latest reads! We talk books from 6-7, and mingle from 7-8. Recommended books from each meeting are on our website.

Grown-Up Coloring Tuesday, January 9 at 6 p.m. and Wednesday, January 10 at 1 p.m. Get in on the grown-up coloring craze at CPL. Color inside or outside the lines, with our supplies and coloring pages! Relax and enjoy some creative stress relief.

The Practices that Grow the Brain with Liz Korabek-Emerson, 4 session series Wednesdays: January 10, 17, 31, & February 7 at 6 p.m. In this series of one hour workshops you will learn the practices that actually grow the grey matter of the brain and help you to become more resilient, emotionally intelligent, and happier. Each workshop will focus on a single topic and will include an opportunity to practice, exercises for integrating the practice into your life, and time for discussion. Topics include: Mindfulness, Gratitude & Taking in the Good, Loving-Kindness, and Compassion.

Free Code Camp Saturdays, January 13 & 27 from 11-1:30p.m. Meet up with other Free Code Campers! This group follows the Free Code Camp Curriculum. If you are stuck with the FCC materials, interested in programming or getting started with FCC, or want to hone your existing web development skills, stop by and code with us! This group is open to people of all ages, backgrounds, and skill sets.

Make It Stick: Develop a Winning Strategy to Sustain Exercise in Your Life Thursday, January 18 at noon If you are challenged to start, maintain or increase physical exercise in your life, this class is for you. Learning from the latest research about exercise, you will develop a unique plan for you. Learn what works for you and how you can use your strengths, preferences and life situation to make a lasting commitment to fitness. You will leave with a customized written plan. Eligible for wellness points for City of Concord employees.

Needle Felt Wednesday, January 24 at 6 p.m. Needle Felt your favorite four-legged Fauna. Create a base with a bendable, sturdy body then felt it into any four-legged Fauna you'd like. Limited to 20 participants, registration required. Children age 12 and older are welcome as long as an adult is present and helping the child. Call 225-8670 or go to www.concordpubliclibrary.net/registration to register.

Aromatherapy with Essential Oils Thursday, February 1 at 6 p.m. Welcome to the exquisite world of 100% pure essential oils. Essential oils (EOs) are incredibly effective and powerful in treating hundreds of ailments. Ami Sarasvati, Medicinal Aromatherapist, will present on the importance of using medicinal grade EOs; best practices of storage; safe application and use of EOs; how to use EOs at home for many family needs; and resources for free education, essential oils, and supplies.

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Concord Public Library Children's Programs at your Library

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Canta, Cuenta, Juega Friday, January 5 & 19 at 1:00 p.m. Learn basic Spanish through games, songs, stories, rhymes, and other interactive fun! Class geared toward ages 1-5. Please call 225-8670 x3 to register.

Lapsit This class is designed for babies up to 24 months and their parent or caregiver. The 30-minute session will include songs, movement, finger rhymes and stories. Each session is carefully planned to stimulate your baby's mind and senses while laying a foundation for learning to read.

Mondays at 9:30 a.m. January 8, 22 & 29

Family Storytime This class includes stories, fingerplays, songs, and fun, all designed to strengthen children's reading or pre-reading skills! Registration is not required and all ages are invited; groups are welcome.

Wednesdays at 9:30 a.m. January 3, 10, 17, 24 & 31

Toddler Tales Designed for children 2 to 3 years of age and their parent or caregiver, this class offers fun activities to help your toddler prepare to learn to read. Together you and your toddler will share stories, songs, finger rhymes and movement to stimulate your child's mind and senses.

Thursdays at 9:30 a.m. January 11, 18 & 25

Lego Club Thursday, January 11 from 4-5 p.m. The Lego Club gives Lego fans a chance to create with other builders. Each month participants will be given a new building challenge and a chance to make new friends! Designed for grades K-8.

Winter Reading Program Children up through age 12 are invited to join Concord Public Library's Children's Winter Reading Program. We'll be playing "Book Bingo" from **January 16 through February 24**. Snuggle up to some good books and win some great prizes.

STEAM Team Wednesday, January 17 at 4 p.m. This month we will be experimenting with magnetism! Come prepared to build your own magnet, get your hands gooked with magnetic slime, and race magnetically propelled cars you'll build in teams! Kids will be sent home with magnets and tips for ways to build their *own* cars and tracks with everyday objects. Age recommendation 4 and up. Registration is required, at www.concordpubliclibrary.net/registration.

Video Game Club Thursday, January 25 Join us for some fun, cooperative games on the library's Wii U! Kids play from 3:30-4:30, and teens play from 4:30-5:30!

Museum Passes at CPL! Use your library card for discounted or free access to Canterbury Shaker Village, Currier Museum of Art, Kearsarge Indian Museum, Little Nature Museum, McAuliffe -Shepard Discovery Center, Museum of Fine Arts, New England Aquarium, Squam Lakes Natural Science Center, SEE Science Center, Children's Museum of New Hampshire and Symphony NH! Check out our website or stop by the library for more info!