

LOCAL PROVIDERS, LOCAL RESOURCES

Maybe this is your first overdose.

Maybe it's your third.

Maybe you're a parent who fears your son or daughter is at risk for overdose and you want to get an Opioid Overdose Kit and learn how to use it.



Opioid Overdose Kit

NH Project FIRST gives first responders (police/fire/EMS) tools to partner with treatment and recovery agencies in your area to assist you in finding the help you need, when you need it.

LOCAL PROVIDERS, LOCAL RESOURCES.

Helping you find the path to treatment and recovery



Concord Fire Department

Contact: Jeffrey Stewart, NRP, CAI II

Hours Available: Monday—Friday 7AM to 5PM

Phone: 1 (603) 225-8666

Email: jstewart@ConcordNH.gov

After Hours Phone: 1 (603) 224-7733

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When you
are ready
for help...

We are
ready
to help



NH Project FIRST First Responders Initiating Recovery, Support & Treatment

Sponsored by
NH Department of Safety
Division of Fire Standards
and Training
& Emergency Medical Services
Concord, NH
NHProjectFIRST@dos.nh.gov

Where do we start?

Family. Friends. First responders.

Your first line of defense during an overdose. When drug use turns deadly, minutes count and the availability of an Opioid Overdose Kit can be the difference between life and death. Let us show you when and how to use the kit.

For many people with Opioid Use Disorder, an overdose can be a turning point, the acceptance that their drug use has reached a crisis point and that they need and want help. It may also be a

time for their families to seek support.

Recovery is a path, and your needs may change along the way.



Finding the right help at the right time can be a challenge which is why your community has chosen to participate in the NH Project FIRST.

Finding treatment

There are many types of treatment: what would work best for YOU?

For some people, it starts with a medical assessment and emergency care. For other people, it means beginning detoxification in a safe setting with medical care to ease the symptoms of withdrawal.

One Size Does Not Fit All

Opioid use disorder often coexists with mental health issues such as depression and anxiety and can lead to other medical health issues such as Hepatitis C. After a thorough assessment, you and your counselor can choose the treatment that is best for you.

Treatment may include:

- detoxification
- behavioral counseling
- medication assisted treatment
- residential rehabilitation services
- intensive outpatient programs
- individual, group, peer and/or non-peer recovery support

The Next Step

Here in Concord our NH Project FIRST partnership includes

The Capital Area Substance Abuse Team. They are working continually to meet the needs of our substance abuse / misuse population.

Increasing access to treatment, reducing the stigma of substance abuse / misuse, reducing opioid overdose, and opioid overdose death.

Following an overdose event or at your request, Jeffrey Stewart or another staff member of the Concord Fire Department will contact you to set up a conversation about accessing resources. If you would like an Opioid Overdose Kit and the training to use it, we would be happy to provide it.

